Navigating Recruitment

Deciding on a career path and securing a job is an interesting and exciting process, although for many it can also seem daunting. This may be the case if you are a neuro diverse student or have a disability or long-term medical condition, as you need to make additional decisions around sharing your information with employers and potentially taking action to ensure recruitment processes enable you to show your full potential.

We’ve put together three short videos to help you navigate the recruitment process and the decisions you face objectively, positively and with confidence.

1. **Overcoming potential barriers**
   Learn to recognise potential barriers you may encounter and find out how to overcome them by challenging beliefs and building your knowledge of the law and the recruitment process.

2. **Preparing for success**
   Understand the importance of setting clear expectations before starting a job search and discover the questions to consider and steps to take to ensure your information regarding disability or long-term conditions is shared positively with employers.

3. **Positive job search**
   Understand the facts surrounding disability in the workplace, discover sources of targeted work opportunities and gain tips on how to assess if employers are inclusive.

Self-book an appointment via CareerHub for 1:1 information, advice and guidance on navigating the recruitment process.

https://careerhub.essex.ac.uk/