HEALTH AND SOCIAL CARE

YOU CAN GAIN AN ENORMOUS SENSE OF PERSONAL ACHIEVEMENT FROM SIMPLY KNOWING THAT YOUR JOB IS HELPING PEOPLE. IT'S MAKING A POSITIVE DIFFERENCE TO PEOPLE'S LIVES BY CONTRIBUTING TO THEIR HEALTH, HAPPINESS AND WELLBEING.

Careers in healthcare are focused on helping people with their physical health, whether this is prevention, control, management or treatment. This is not an exhaustive list, to fully explore health sector careers (and the qualifications required) visit: www.healthcareers.nhs.uk/explore

Examples of social care roles include:
- Occupational Therapy
- Social Work
- Child Protection, Fostering
- Psychologist
- Therapies (e.g. art, music, play, drama)
- Youth, Housing or Family Support Workers
- Advice and Guidance

To explore the range of opportunities in social care visit: www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care

WHAT'S REQUIRED?
Many staff now work in roles that cover both health and social care, and the values and qualities needed are very similar. For specialist roles you are likely to require further study or training. Explore the sector links below to find the qualification requirements for each role. A number of health and social care roles recruit graduates from any degree discipline.

All health and social care roles will expect you to be able to demonstrate qualities relevant to the job. For example, compassion, commitment, respect and dignity are all NHS Values which you need to demonstrate if you are applying for a role in the NHS. Work or voluntary experience will help practically demonstrate these qualities and also show the employer that you are genuinely committed to a career in care.

Medical Professions - Doctors, Surgeons etc. and Medical Associate Professions e.g. Physician Associate
Nursing - adult, paediatric, district, mental and sexual health, specialist Nurses, plus Midwives and health visitors
Dentistry
Healthcare Science - Biomedical Scientists, Clinical Science roles, Geneticists, Haematologists, Immunologists, Microbiologists
Allied Health Professionals - including Occupational Therapists, Radiographers, Physiotherapist, Dietician, Speech and Language Therapists and Podiatrists
Assistant/Support Roles - including Nursing Assistants, Nursery Nurses, Care Assistants and Health Care Assistants
Ambulance Service Team - Including Paramedic and Emergency Ambulance Crew (EAC).
Therapeutic Services and Complementary Medicine
Business Support Roles - in areas such as finance, HR, IT and specialised managerial staff

FOR MORE INFORMATION VISIT:
www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care
www.prospects.ac.uk/job-profiles/browse-sector/healthcare
www.prospects.ac.uk/job-profiles/browse-sector/social-care

Working in social care means supporting people with their non-clinical needs. Social care offers opportunities to work with specific groups of people, such as adults, children, the elderly, or those with mental health or physical disabilities.
LOCAL RESOURCES
Social Care jobs in Essex
www.workingforessex.com
Social Care jobs in Suffolk
www.suffolkjobsdirect.org
St Helena Hospice – Colchester and Tendring: Health and social care jobs and voluntary opportunities in the charity sector
www.sthelena.org.uk
Colchester Mind – Volunteer opportunities within mental health support
mnessexmind.org
ECL – care and support service across Essex
www.ecl.org/
Volunteer at a local hospital
www.esneft.nhs.uk/get-involved/volunteer-with-us
Volunteer via the University
www.essex.ac.uk/student/mental-and-emotional-health/nightline

SOCIAL CARE
Working in Social Care – NHS advice
www.healthcareers.nhs.uk/working-health/working-social-care
Frontline – two year elite graduate social work programme
www.thefrontline.org.uk
The British Association of Social Workers
www.basw.co.uk
Community Care jobs
jobs.communitycare.co.uk
Local Government jobs
www.lgjobs.com
Children & Young People Now jobs
www.cypnowjobs.co.uk
Social care jobs
www.socialcare.co.uk
Care UK – Local nursing and support staff vacancies
www.careuk.com

HEALTH
NHS Careers www.healthcareers.nhs.uk (including Public Health Careers)
NHS Jobs
www.jobs.nhs.uk
Health Jobs UK
www.healthjobsuk.com
HCA Private Hospital Group
www.hcacareers.co.uk
Bupa
www.bupa.co.uk/careers
The Chartered Society of Physiotherapy
www.csp.org.uk
Royal College of Occupational Therapists
www.rcot.co.uk
The Royal College of Speech and Language Therapists
www.rcslt.org
Society of Sports Therapists
www.society-of-sports-therapists.org
British Society of Dental Hygiene and Therapy
wwwbsdht.org.uk/index.html
Improving Access to Psychological Therapies
www.hee.nhs.uk/our-work/mental-health/improving-access-psychological-therapies

UNSURE WHERE TO START?
Pulse
www.pulsejobs.com
Work in a charity
charityjob.co.uk
Work in the public sector
www.jobsgopublic.com/
Get fit by doing good
goodgym.org