HEALTH AND SOCIAL CARE

YOU CAN GAIN AN ENORMOUS SENSE OF PERSONAL ACHIEVEMENT FROM SIMPLY KNOWING THAT YOUR JOB IS HELPING PEOPLE. IT’S ABOUT MAKING A POSITIVE DIFFERENCE TO PEOPLE’S LIVES BY CONTRIBUTING TO THEIR HEALTH, HAPPINESS AND WELLBEING.

www.healthcareers.nhs.uk/working-health/working-social-care

Below are examples of some of the professional roles available within health. This is not an exhaustive list, to fully explore health sector careers (and the qualifications required) visit: www.healthcareers.nhs.uk/explore-roles

the medical profession (doctors, surgeons etc.)

nursing (adult, paediatric, district, mental and sexual health, specialist nurses, plus midwives and health visitors)

dentistry

medical-related scientific services (biomedical scientists, clinical science roles, geneticists, haematologists, immunologists, microbiologists)

qualified medical support staff - including psychologists, community and hospital pharmacists, radiographers, dietitians, exercise physiologists, physiotherapists and speech and language therapists, audiologists, physician associates, podiatrists.

assistant/support roles - including nursing assistants, nursery nurses, care assistants and health care assistants

qualified ambulance staff including paramedic and emergency ambulance crew (EAC).

therapeutic services and complementary medicine

business support roles - in areas such as finance, HR, IT and specialised managerial staff

Social care offers opportunities to work with specific groups of people, such as adults, children, the elderly, or those with mental health or physical disabilities. Examples of social care roles include:

- occupational therapy
- social work
- child protection, fostering
- psychologist, family support worker
- therapies (e.g. art, music, play, drama)
- advice and guidance

To explore the range of opportunities in social care visit: www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care

FOR MORE INFORMATION VISIT:


www.healthcareers.nhs.uk/explore-roles

www.prospects.ac.uk/job-profiles/browse-sector/healthcare

www.prospects.ac.uk/job-profiles/browse-sector/social-care

WHAT’S REQUIRED?

For specialist roles you may need to consider further study or training. Explore the sector links below to find the qualification requirements for each role. A number of health and social care roles recruit graduates from any degree discipline.

All health and social care roles will expect you to be able to demonstrate qualities relevant to the job. For example, compassion, commitment, respect and dignity are all NHS Values which you need to demonstrate if you are applying for a role in the NHS. Work or voluntary experience will help practically demonstrate these qualities and also show the employer that you are genuinely committed to a career in care.
## LOCAL RESOURCES

### Social Care jobs in Essex
www.workingforessex.com

### Social Care jobs in Suffolk
www.suffolkjobsdirect.org

### St Helena Hospice – Colchester and Tendring:
Health and social care jobs and voluntary opportunities in the charity sector
www.sthelenahospice.org.uk

### Colchester Mind – Volunteer opportunities within mental health support
mnessexmind.org

### Care UK – Local nursing and support staff vacancies
www.careuk.com

### Volunteer at a local hospital
www.esneft.nhs.uk/get-involved/volunteer-with-us

### Volunteer via the University
www.essex.ac.uk/student/mental-and-emotional-health/nightline

## Health

### NHS Careers
www.healthcareers.nhs.uk
(including Public Health Careers)

### NHS Jobs
www.jobs.nhs.uk

### Health Jobs
www.hcjobs.co.uk

### HCA Private Hospital Group
www.hcacareers.co.uk

### Bupa
www.bupa.co.uk/careers

### The Chartered Society of Physiotherapy
www.csp.org.uk

### Royal College of Occupational Therapists
www.rcot.co.uk

### The Royal College of Speech and Language Therapists
www.rcslt.org/speech_and_language_therapy/careers/career

### Society of Sports Therapists
www.society-of-sports-therapists.org

### British Society of Dental Hygiene and Therapy
www.bsdht.org.uk/index.html

### Improving Access to Psychological Therapies
www.england.nhs.uk/mental-health/adults/iapt

### Social care

### Frontline – two year elite graduate social work programme
www.thefrontline.org.uk

### The British Association of Social Workers
www.basw.co.uk

### Community Care jobs
jobs.communitycare.co.uk

### Local Government jobs
www.lgjobs.com

### Children & Young People Now jobs
www.cypnowjobs.co.uk

### Working in adult social care
www.skillsforcare.org.uk/Careers-in-care/Think-Care-Careers.aspx

### Social care jobs
www.socialcare.co.uk

### General

### Pulse
www.pulsejobs.com/uk

### Work in a charity
www.charityjob.co.uk

### Work in the public sector
www.jobsgopublic.com/

### Get fit by doing good
www.goodgym.org/about