HEALTH AND SOCIAL CARE

YOU CAN GAIN AN ENORMOUS SENSE OF PERSONAL ACHIEVEMENT FROM SIMPLY KNOWING THAT YOUR JOB IS HELPING PEOPLE. IT'S ABOUT MAKING A POSITIVE DIFFERENCE TO PEOPLE’S LIVES BY CONTRIBUTING TO THEIR HEALTH, HAPPINESS AND WELLBEING.

Careers in healthcare are about helping people who are having problems with their physical health. Below are examples of some of the professional roles available within health. This is not an exhaustive list, to fully explore health sector careers (and the qualifications required) visit: www.healthcareers.nhs.uk/explore-roles

Working in social care means supporting people with their non-clinical needs. Social care offers opportunities to work with specific groups of people, such as adults, children, the elderly, or those with mental health or physical disabilities. Examples of social care roles include:
- Occupational Therapy
- Social Work
- Child Protection, Fostering
- Psychologist
- Therapies (e.g. art, music, play, drama)
- Youth, Housing or Family Support Workers
- Advice and Guidance

To explore the range of opportunities in social care visit: www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care

WHAT’S REQUIRED?

Many staff now work in roles that cover both health and social care, and the values and qualities needed are very similar. For specialist roles you may need to consider further study or training. Explore the sector links below to find the qualification requirements for each role. A number of health and social care roles recruit graduates from any degree discipline.

All health and social care roles will expect you to be able to demonstrate qualities relevant to the job. For example, compassion, commitment, respect and dignity are all NHS Values which you need to demonstrate if you are applying for a role in the NHS. Work or voluntary experience will help practically demonstrate these qualities and also show the employer that you are genuinely committed to a career in care.

The Medical Profession (Doctors, Surgeons etc.)
Nursing (adult, paediatric, district, mental and sexual health, specialist Nurses, plus Midwives and health visitors)
Dentistry
Medical-related Scientific Services (Biomedical Scientists, Clinical Science roles, Geneticists, Haematologists, Immunologists, Microbiologists)
Qualified Medical Support Staff - including Psychologists, Community and Hospital pharmacists, Radiographers, Dietitians, Exercise Physiologists, Physiotherapists and Speech and Language Therapists, Audiologists, Physician Associates, Podiatrists.
Assistant/Support Roles - including Nursing Assistants, Nursery Nurses, Care Assistants and Health Care Assistants
Qualified Ambulance Staff Including Paramedic and Emergency Ambulance Crew (EAC).
Therapeutic Services and Complementary Medicine
Business Support Roles - in areas such as finance, HR, IT and specialised managerial staff

FOR MORE INFORMATION VISIT:
www.prospects.ac.uk/job-profiles/browse-sector/healthcare
www.prospects.ac.uk/job-profiles/browse-sector/social-care
https://www.allaboutcareers.com/careers/Industry/health-social-care

www.essex.ac.uk/see/careerhub
LOCAL RESOURCES

Social Care jobs in Essex
www.workingforessex.com

Social Care jobs in Suffolk
www.suffolkjobsdirect.org

St Helena Hospice – Colchester and Tendring: Health and social care jobs and voluntary opportunities in the charity sector
www.sthelenahospice.org.uk

Colchester Mind – Volunteer opportunities within mental health support
mnessexmind.org

ECL – care and support service across Essex
https://www.ecl.org/

Volunteer at a local hospital
www.esneft.nhs.uk/get-involved/volunteer-with-us

Volunteer via the University
www.essex.ac.uk/student/mental-and-emotional-health/nighline

SOCIAL CARE

Frontline – two year elite graduate social work programme
www.thefrontline.org.uk

The British Association of Social Workers
www.basw.co.uk

Community Care jobs
jobs.communitycare.co.uk

Local Government jobs
www.lgjobs.com

Children & Young People Now jobs
www.cypnowjobs.co.uk

Working in adult social care

Social care jobs
www.socialcare.co.uk

Care UK – Local nursing and support staff vacancies
http://www.careuk.com

HEALTH

NHS Careers
www.healthcareers.nhs.uk
(including Public Health Careers)

NHS Jobs
www.jobs.nhs.uk

Health Jobs UK
www.healthjobsuk.com

HCA Private Hospital Group
www.hcacareers.co.uk

Bupa
www.bupa.co.uk/careers

The Chartered Society of Physiotherapy
www.csp.org.uk

Royal College of Occupational Therapists
www.rcot.co.uk

The Royal College of Speech and Language Therapists
www.rscslt.org/speech_and_language_therapy/careers/career

Society of Sports Therapists
www.society-of-sports-therapists.org

British Society of Dental Hygiene and Therapy
wwwbsdht.org.uk/index.html

Improving Access to Psychological Therapies
https://www.hee.nhs.uk/our-work/mental-health/improving-access-psychological-therapies

GENERAL

Pulse
www.pulsejobs.com/uk

Work in a charity
www.charityjob.co.uk

Work in the public sector
www.jobsgopublic.com/

Get fit by doing good
www.goodgym.org/about

www.essex.ac.uk/see/careerhub
askthehub@essex.ac.uk
01206 874000

All our handouts and information leaflets are available in other formats on request. The Career Services Team make every effort to ensure that the information is accurate and up to date but can accept no responsibility for errors or omissions.