

HEALTH AND SOCIAL CARE

YOU CAN GAIN AN ENORMOUS SENSE OF PERSONAL ACHIEVEMENT FROM SIMPLY KNOWING THAT YOUR JOB IS HELPING PEOPLE. IT'S ABOUT MAKING A POSITIVE DIFFERENCE TO PEOPLE'S LIVES BY CONTRIBUTING TO THEIR HEALTH, HAPPINESS AND WELLBEING.

Careers in healthcare are about helping people who are having problems with their physical health. Below are examples of some of the professional roles available within health. This is not an exhaustive list, to fully explore health sector careers (and the qualifications required) visit:

www.healthcareers.nhs.uk/explore-roles

The Medical Profession (Doctors, Surgeons etc.)

Nursing (adult, paediatric, district, mental and sexual health, specialist Nurses, plus Midwives and health visitors)

Dentistry

Medical-related Scientific Services (Biomedical Scientists, Clinical Science roles, Geneticists, Haematologists, Immunologists, Microbiologists)

Qualified Medical Support Staff - including Psychologists, Community and Hospital pharmacists, Radiographers, Dietitians, Exercise Physiologists, Physiotherapists and Speech and Language Therapists, Audiologists, Physician Associates, Podiatrists.

Assistant/Support Roles - including Nursing Assistants, Nursery Nurses, Care Assistants and Health Care Assistants

Qualified Ambulance Staff Including Paramedic and Emergency Ambulance Crew (EAC).

Therapeutic Services and Complementary Medicine

Business Support Roles - in areas such as finance, HR, IT and specialised managerial staff

Working in social care means supporting people with their non-clinical needs. Social care offers opportunities to work with specific groups of people, such as adults, children, the elderly, or those with mental health or physical disabilities. Examples of social care roles include:

- Occupational Therapy
- Social Work
- Child Protection, Fostering
- Psychologist
- Therapies (e.g. art, music, play, drama)
- Youth, Housing or Family Support Workers
- Advice and Guidance

To explore the range of opportunities in social care visit:
www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care

FOR MORE INFORMATION VISIT:

www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care/overview-of-the-social-care-sector

www.prospects.ac.uk/job-profiles/browse-sector/healthcare

www.prospects.ac.uk/job-profiles/browse-sector/social-care

<https://www.allaboutcareers.com/careers/industry/health-social-care>

WHAT'S REQUIRED?

Many staff now work in roles that cover both health and social care, and the values and qualities needed are very similar. For specialist roles you may need to consider further study or training. Explore the sector links below to find the qualification requirements for each role. A number of health and social care roles recruit graduates from any degree discipline.

All health and social care roles will expect you to be able to demonstrate qualities relevant to the job. For example, compassion, commitment, respect and dignity are all NHS Values which you need to demonstrate if you are applying for a role in the NHS. Work or voluntary experience will help practically demonstrate these qualities and also show the employer that you are genuinely committed to a career in care.

LOCAL RESOURCES

Social Care jobs in Essex

www.workingforessex.com

Social Care jobs in Suffolk

www.suffolkjobsdirect.org

St Helena Hospice – Colchester and Tendring:

Health and social care jobs and voluntary opportunities in the charity sector

www.sthelenahospice.org.uk

Colchester Mind – Volunteer opportunities within mental health support

mnessexmind.org

ECL – care and support service across Essex

<https://www.ecl.org/>

Volunteer at a local hospital

www.esneft.nhs.uk/get-involved/volunteer-with-us

Volunteer via the University

www.essex.ac.uk/student/mental-and-emotional-health/nightline

SOCIAL CARE

Frontline – two year elite graduate social work programme

www.thefrontline.org.uk

The British Association of Social Workers

www.basw.co.uk

Community Care jobs

jobs.communitycare.co.uk

Local Government jobs

www.lgjobs.com

Children & Young People Now jobs

www.cypnowjobs.co.uk

Working in adult social care

<https://www.skillsforcare.org.uk/Careers-in-care/Think-Care-Careers.aspx>

Social care jobs

www.socialcare.co.uk

Care UK – Local nursing and support staff vacancies

<http://www.careuk.com>

HEALTH

NHS Careers

www.healthcareers.nhs.uk

(including Public Health Careers)

NHS Jobs

www.jobs.nhs.uk

Health Jobs UK

www.healthjobsuk.com

HCA Private Hospital Group

www.hcacareers.co.uk

Bupa

www.bupa.co.uk/careers

The Chartered Society of Physiotherapy

www.csp.org.uk

Royal College of Occupational Therapists

www.rcot.co.uk

The Royal College of Speech and Language Therapists

www.rcslt.org/speech_and_language_therapy/careers/career

Society of Sports Therapists

www.society-of-sports-therapists.org

British Society of Dental Hygiene and Therapy

www.bsodht.org.uk/index.html

Improving Access to Psychological Therapies

<https://www.hee.nhs.uk/our-work/mental-health/improving-access-psychological-therapies>

GENERAL

Pulse

www.pulsejobs.com/uk

Work in a charity

www.charityjob.co.uk

Work in the public sector

www.jobsgopublic.com/

Get fit by doing good

www.goodgym.org/about