

HEALTH AND SOCIAL CARE

YOU CAN GAIN AN ENORMOUS SENSE OF PERSONAL ACHIEVEMENT FROM SIMPLY KNOWING THAT YOUR JOB IS HELPING PEOPLE. IT'S MAKING A POSITIVE DIFFERENCE TO PEOPLE'S LIVES BY CONTRIBUTING TO THEIR HEALTH, HAPPINESS AND WELLBEING.

Careers in **healthcare** are focused on helping people with their physical health, whether this is prevention, control, management or treatment. This is not an exhaustive list, to fully explore health sector careers (and the qualifications required) visit:

healthcareers.nhs.uk/explore-roles

Medical Professions - Doctors, Surgeons etc. and Medical Associate Professions e.g. Physician Associate

Nursing - adult, paediatric, district, mental and sexual health, specialist Nurses, plus Midwives and health visitors

Dentistry

Healthcare Science - Biomedical Scientists, Clinical Science roles, Geneticists, Haematologists, Immunologists, Microbiologists

Allied Health Professionals - including Occupational Therapists, Radiographers, Physiotherapist, Dietician, Speech and Language Therapists and Podiatrists

Assistant/Support Roles - including Nursing Assistants, Nursery Nurses, Care Assistants and Health Care Assistants

Ambulance Service Team - Including Paramedic and Emergency Ambulance Crew (EAC).

Therapeutic Services and Complementary Medicine

Business Support Roles - in areas such as finance, HR, IT and specialised managerial staff

Working in **social care** means supporting people with their non-clinical needs. Social care offers opportunities to work with specific groups of people, such as adults, children, the elderly, or those with mental health or physical disabilities.

Examples of social care roles include:

- Occupational Therapists
- Social Workers
- Child Protection, Fostering
- Psychologists
- Therapists (e.g. art, music, play, drama)
- Youth, Housing or Family Support Workers
- Advice and Guidance Workers

To explore the range of opportunities in social care visit:

prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care

FOR MORE INFORMATION VISIT:

www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care/overview-of-the-social-care-sector

www.prospects.ac.uk/job-profiles/browse-sector/healthcare

www.prospects.ac.uk/job-profiles/browse-sector/social-care

WHAT'S REQUIRED?

Many staff now work in roles that cover both health and social care, and the values and qualities needed are very similar. For specialist roles you are likely to require further study or training. Explore the sector links below to find the qualification requirements for each role. A number of health and social care roles recruit graduates from any degree discipline.

All health and social care roles will expect you to be able to demonstrate qualities relevant to the job. Compassion, commitment, respect and dignity are some examples of NHS values that you will need to demonstrate within the recruitment process to be successful. Work or voluntary experience will help practically demonstrate these qualities and also show the employer that you are genuinely committed to a career in care.

LOCAL RESOURCES

Social Care jobs in Essex
www.workingforessex.com

Social Care jobs in Suffolk
www.suffolkjobsdirect.org

St Helena Hospice – Colchester and Tendring:
Health and social care jobs and voluntary
opportunities in the charity sector
www.sthelena.org.uk

Colchester Mind – Volunteer opportunities within
mental health support
www.mnessexmind.org

ECL – care and support service across Essex
www.ecl.org/

Volunteer at a local hospital
www.esneft.nhs.uk/get-involved/volunteer-with-us

Volunteer via the University

www.essexnightline.org.uk/volunteers

SOCIAL CARE

Working in Social Care – NHS advice
www.healthcareers.nhs.uk/working-health/working-social-care

Frontline – two year elite graduate social work
programme
www.thefrontline.org.uk

The British Association of Social Workers
www.basw.co.uk

Community Care jobs
jobs.communitycare.co.uk

Local Government jobs
www.lgjobs.com

Children & Young People Now jobs
www.cypnowjobs.co.uk

Social care jobs
www.socialcare.co.uk

Care UK – Local nursing and support staff
vacancies
www.careuk.com

HEALTH

NHS Careers www.healthcareers.nhs.uk (including
Public Health Careers)
NHS Jobs
www.jobs.nhs.uk

Health Jobs UK
www.healthjobsuk.com

HCA Private Hospital Group
www.hcacareers.co.uk

Bupa
www.bupa.co.uk/careers

The Chartered Society of Physiotherapy
www.csp.org.uk

Royal College of Occupational Therapists
www.rcot.co.uk

The Royal College of Speech and Language
Therapists
www.rcslt.org

Society of Sports Therapists
www.society-of-sports-therapists.org

British Society of Dental Hygiene and Therapy
www.bs dht.org.uk/index.html

Improving Access to Psychological Therapies
www.hee.nhs.uk/our-work/mental-health/improving-access-psychological-therapies

UNSURE WHERE TO START?

Pulse
www.pulsejobs.com

Work in a charity
charityjob.co.uk

Work in the public sector
www.jobsgopublic.com/

Get fit by doing good
goodgym.org